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## GOOD FAITH ESTIMATE

I am required by the 2022 No Surprise Act to give you a Good Faith Estimate of the cost of treatment.

If you decide not to file for reimbursement through your insurance, I have provided a "good faith estimate" below. If you do intend to use an insurance (Community Health Choice or United Health Care), check with your carrier as your copayment or coinsurance rates will likely be reduced.

Since I have not yet evaluated your difficulties or symptoms, I must at this point estimate your course of treatment based upon the national average for a course of psychotherapy which is 18 encounters.

The following is a list of expected charges for 50-minute Psychotherapy Services provided by Monica M. Polonyi, PhD, LPC-S, CEDS, NPI Number: 1558410209

CPT 90971\_Assessment Cost: \$165.00 (1 session)

CPT 90837\_Individual Psychotherapy Cost: \$150.00 (17 sessions)

Current ICD-10 Diagnosis: R69 (Diagnosis Deferred)

At \$150.00 per session plus the initial assessment, the estimated cost of treatment would be \$2,715.

This estimate expires one year from the date of intake, but you are entitled to receive an update on this estimate at any time upon request. This is just a rough estimate based on national averages. The duration of our work together can be longer or shorter depending upon your symptoms, your work between sessions, and your response to treatment.